



PRESIDENT'S UPDATE

Thanks!

Firstly, I would like to begin with a huge thanks to 2 people at the club. The first being Narea for the incredible job she did during a challenging tenure with Coaching changes and lots and lots of compliance/ structure changes. The club is in great shape thanks to Narea's leadership!

The second person is my very funny, partner in crime Mel King. My thanks to Mel from coming on board to "share" the role so I was able to take the position. Without Mel taking some of the load off me, I would not have been able to accept the role.

As some of you may or may not know, I spent the better part of my teenage years at the club and have very fond memories of times and friendships I made whilst at the club. To me, it was more than a sporting club. It was a social network of friends and like an extended family, both within the club and with swimmers at clubs we competed against.

Swimming is such a great sport for its physical conditioning which makes fitness for other sports easier, it is a year round sport irrespective of weather and as an individual sport has the ability to provide those that are prepared to "stick at it" a level of confidence that few sports offer!!

Lastly, swimming is a good, wholesome, family sport where everyone can take part, even over weight ex swimmers well past their prime, as seen each year at the club champs!!!!

On a more serious note, I encourage you all to tell everyone about the club. Become advocates and get the word out there how great The Monbulk Marlins are! Let's keep the 52 year history going!!!!!!

That's right, the first record for the club is 1967, 3 years after the pool was built a fact, I suspect few members are aware of!

New committee!

A sincere thank you to all the parents that have volunteered for a role at the club. We are excited to have more people involved and having a say in the future of our club. Small or big, everyone's participation and help is appreciated.

The new committee certainly hit the ground running with many new ideas discussed. You have already seen the results of the work already put in with the 50m training

NOTICES

28th October - Marlins House Night, Come dressed in your best Halloween gear.

29th October - Morning Training Sessions start.
Tuesday and Thursdays
Belgrave outdoor Pool
6am - 7:30am

FUNDRAISING EVENTS

The club has secured stalls at the following upcoming community events. If you can spare some time to help out at one of the events or behind the scenes in the lead up, please let a committee member know.

25th October - Monbulk Movie Night 6pm
24th November - Monbulk Car Show
6th December - Merry Monbulk festival.

PLEASE REMEMBER

ALL SWIMMERS ARE REQUIRED TO PAY THE \$2.50 ENTRY FEE AT RECEPTION

BULK PASSES ARE ALSO AVAILABLE AT RECEPTION FOR PURCHASE

session at Kilsyth Pool in a couple of weeks on 7th October. We encourage you to give your kids this opportunity to experience 50m training before the school sports starts first term next year.

If you cannot get your children there, the community bus will be leaving from the pool and returning the kids after the session.

Thank you all for your thoughts on the survey monkey we did and Mel for organizing it. It is great to know what our swimming community want from our club rather than us guessing!

I look forward to a great year and the further building of the Marlins Family!

Richard Licciardi
President

Check out the Marlins New Website www.monbulkmarlins.com.au

FROM OUR SWIMMERS

Victorian Short Course Swimming Championships
Hi it's Logan here.

On the 30th, the 31st of August as well as the 1st of September, I competed at the Victorian Age Short Course Competition. I had qualified for 7 events and swam only 6 due to my heavy program.

It was day one of the competition, the butterflies were going bananas, as my first event grew nearer and nearer and of course my first event was one of the hardest events I had qualified for, the 200 individual medley. I had ended up swimming 2 seconds out from my PB which is a very good effort. Later that day I also had another very hard event, the 100 butterfly. This was probably my favourite event because I swam it so well. At about the 50 metre mark of the 100 fly I was 3rd in the state and the 75 metre mark I was 3rd or 4th and the 100 metre mark I was 21st. In the last 10 metres my body physically could not handle it. It look like I didn't even know how to swim. I was that tired! Then as soon as the first day came, so did the second. On the second day I swam the 50 free, which was also one of my favourite events at this competition, because I finally broke 28 seconds, which was one of my best achievements there at that event. Then the last day came, it was a nice way to finish off another great competition, by doing a PB or two. The atmosphere over all three days was phenomenal. It was literally like you were at a footy match, the crowd was going crazy. This competition in my opinion is one the greatest competitions there is, but first you need to qualify and to do that you need to swim a state time for your age, then you can come along and enjoy a thrill of a lifetime.

by **Logan McDonald**



COACHES UPDATE

If I included everything that has happened at the Marlins since my last report, this piece would be at least a double-page feature, and I imagine I'd still forget something!

First of all, a massive thanks to our Acting Head Coach Nick, the Junior Coaches and the Committee for banding together and allowing me the chance to take some leave and complete two hikes across Japan and Spain, I am incredibly grateful for the chance to refuel and tackle the new season with renewed vigour! I missed working far more than I feel I should have, and it's been excellent being able to catch up with everyone since returning.

Hitting the ground running, we were able to host our Presentation Night last month at the Monbulk Bowls Club. Pres Night is always my favourite night of the year, and this was no exception with an absolutely massive turnout from our families and friends. Congratulations to everyone who received awards, updated their PB sheets and had their names immortalised on a trophy, your efforts over the year are worth celebrating.

Running on the same night, it was also particularly inspiring to see the high level of parental involvement at our AGM, with so many new and lovely faces on our extended 2019/20 Committee, it really does feel like we can continue to grow and do what we do best this season! It was hard seeing experienced hands retire, especially as our former committee have been so supportive of the coaching team and myself over the years, but I eagerly anticipate seeing where our new team take us!

Now, the swimming: So many meets, an aggregate, a new Season Plan, the list goes on. First and foremost, a special mention to Logan McDonald and Ethan Ravensdale, who earned the privilege of attending State Champs in August. Both boys have worked so hard along the journey, and I am so proud of their achievements, keep it up! We also have some new faces, alongside some old faces in new squads: Welcome to the Marlins: Ash, Brianna, Erin, Jasmine and Kiera, and congratulations to Ben H, Hannah G, Tarquin R (Bronze-Silver) and to Ethan R (Silver-Gold) on your promotions!

As we move to Summer I'd like you all to remember that, as with everything, you get out what you put in. Whether you're chasing a state (or national) time, a promotion to the next squad, a new PB or whether you're hoping to make an impression at school swimming next year, your time starts now! Your coaches are here 5 nights a week, and we're always excited to help you take it to the next level, all you need to do is rock up, bring your attitude and, of course, a drink bottle.

Sam Davidson
Head Coach



SEASON CALENDAR



Date	Event	Entry/Closing Date	Targeted Swimmers	Location
5th Oct 2019	Metro East Junior Selection Trials	TBC	Bronze	Aqualink, Nunawading
20th Oct 2019	Aggregate	16th Oct	ALL	MAC
26th Oct 2019	Metro East Distance Meet	TBC	Silver/Gold	Aquanation, Ringwood
10th Nov 2019	Metro Junior District Competition	28th Oct	U/12 Qualifiers	MSAC
16th Nov 2019	Victorian Qualifying Competition	4th Nov	Qualifying Times	MSAC
1st Dec 2019	Ringwood LC Meet	26th Nov	ALL	Aquanation, Ringwood
15th Dec 2019	Christmas Aggregate	11th Dec	ALL	MAC
17th Dec 2019	Age LC Champs	2nd Dec	Qualifying Times	MSAC
20th Dec 2019	Last night of training 2019	-	ALL	MAC
6th Jan 2020	Training resumes	-	ALL	MAC
19th Jan 2020	Barefoot Bowls Prospective Date			
25th Jan 2020	Metro East LC Prep	TBC	Silver/Gold	TBC
8th Feb 2020	Metro East All Junior Selection Trials	TBC	U/11's	Aquanation, Ringwood
14th Febr 2020	Victorian Open LC Champs	2nd Feb	Qualifying Times	MSAC - Outdoor
16th Feb 2020	Aggregate	12th Feb	ALL	MAC
29th Feb 2020	Victorian Sprint Championships	17th Feb	Qualifying Times	MSAC
6th Mar 2020	Victorian Metro LC Championships	TBC	Qualifying Times	MSAC
15th Mar 2020	Ringwood Encouragement	9th Mar	Bronze	Aquanation, Ringwood
22nd Mar 2020	Metro East District Champs	TBC	Silver/Gold	Aquantaion, Ringwood
22nd Mar 2020	Aggregate	18th Mar	ALL	MAC
26th Apr 2020	Aggregate	22nd Apr	ALL	MAC
30/31st May 2020	Club Champs 2020	TBC	ALL	MAC

Marlins Club Events
 Metro East Events
 Swimming Victoria Events
 Local Club Eventsa





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